



## PRAYER AND HUMILITY

*Scriptural Reading:  
Luke 18:9-14*

SATURDAY  
**12<sup>TH</sup>**  
SEPTEMBER  
2020

**S**t John Chrysostom described humility as the root, mother, nurse, foundation and bond of all virtues. Humility is the bedrock of any strong prayer life. The parable of the Pharisee and the tax collector shows that any prayer offered without humility is an abomination before God. One way we know whether we are humble is the way we conduct ourselves in the presence of God during prayers. We must realize that we are mere creatures in the presence of the creator. We should seek to glorify him and not exalt ourselves when we pray. Our dispositions and gestures in prayer should reflect who God is to us. How we sit, stand, sing and listen to his word should show reverence. During prayers, we should know that we are before God and not man or an equal. If you exalt yourself before him, you will be humbled; but if you humble yourself, he will exalt you (Luke 18:14). We must not wallow in spiritual pride so that our prayers can ascend to heaven.



### MEDITATION

Do you think you can be as humble as Christ was?



### STRATEGIC PRAYER POINTS

1. Ask the Lord to make you humble in heart
2. Pray for the grace to surrender completely to God
3. Pray for the grace to be humble with the gifts the Lord has given you
4. Pray for the leaders of the Church for the grace of humility in service
5. Pay now against the spread of corona virus pandemic
6. Say the prayers to St. Michael and St. Jude in pages 101 and 103
7. Present your private intentions to God
8. Say your daily prophetic prayers (page 6).

## **DAILY PROPHETIC PRAYERS**

1. Lord God of Power and Might you are worthy of my praise and adoration from generation to generation. We thank and praise your Holy name for what you have done, what you are doing and for what you are about to do.
2. Oh Lord, as you delivered Israel from captivity so you will surely deliver me.
3. As you delivered Daniel from the den of lions you will surely deliver me.
4. As you delivered Paul and Silas, I know you will surely break the prison bars and set me free.
5. Do not let the power of darkness reign over me.
6. Do not abandon me to the power of the grave
7. Do not let people ask me; "where is your God?"
8. Oh Lord Jesus, touch me one more time and heal, save and set me free.
9. Breath life upon me that I may live, become fruitful and prosper in all ramifications.
10. I will serve you in truth and Spirit all the days of my life, and nations shall praise you for your goodness in my life.

In the most powerful name of Jesus, Amen.

### **PRAYER TO ST MICHAEL THE ARCHANGEL AGAINST THE FORCES BEHIND COVID - 19.**

Holy Michael, the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you, O Prince of the heavenly host, by the power of God cast into hell Satan and all the evil spirits who wander through the world seeking the ruin of souls.

Amen.

### **WE PRAY WITH ST JUDE THE PATRON OF DIFFICULT CASES AGAINST THE SPREAD OF CORONA VIRUS**

O most holy apostle, Saint Jude, faithful servant and friend of Jesus, the Church honoureth and invoceth thee universally, as the patron of hopeless cases, and of things almost despaired of. Pray for me, who am so miserable. Make use, I implore thee, of that particular privilege accorded to thee, to bring visible and speedy help where help was almost despaired of. Come to mine assistance in this great need, that I may receive the consolation and succor of Heaven in all my necessities, tribulations, and sufferings, particularly... (insert your prayer request here, especially the menace of COVID - 19 Pandemic) ...and that I may praise God with thee and all the elect throughout eternity.

I promise thee, O blessed Jude, to be ever mindful of this great favour, to always honour thee as my special and powerful patron, and to gratefully encourage devotion to thee.

Amen.

